

## 11th IFKF International Meeting

9 to 12 May 2010– Kuala Lumpur, Malaysia



*Proudly hosted by IFKF Council Member  
National Kidney Foundation of Malaysia*

## Parallel Workshops - Education Forums

<b>Workshop One – Junior Ballroom 1</b>		<b>Workshop Two – Orkid &amp; Dahlia room</b>	
<b>Diet in Kidney Disease: Asian Perspectives</b> <i>Workshop for allied health professionals, nurses, dietitians, doctors and IFKF delegates</i>		<b>Dialysis and Transplant Patients' Forum</b> <i>Workshop for dialysis and transplant patients and families and IFKF delegates</i>	
<i>Moderators: Dr Winnie Chee (NKF) and Marianne Vennegoor (IFKF)</i>		<i>Moderators: Daniel Liow (NKF) and Mark Murphy (IFKF)</i>	
0900	Introduction by Moderators	0900	Introduction by Moderators
0905-0940	The obesity relationship to Diabetes Mellitus, hypertension and chronic kidney disease. What can be done? <i>Prof Joel Kopple USA</i>	0905-1025	Living with dialysis – the ups and downs <i>Mdm Vejaletchumi Murugiah</i>
0940-1025	Diet in kidney disease: Asian perspectives <i>Dr Tilakavati Karupaiah Malaysia</i> Thailand experience – Slowing down progression <i>Dr Chanida Pachotikam Thailand</i>		Quality of living after transplantation <i>Mr Balachanthar Subramaniam</i>
1025-1030	Introduction – <i>Dr Miguel Riella MD</i>	1025-1030	Introduction – <i>Dr Miguel Riella MD</i>
<b>1030-1100 Morning Tea</b>		<b>1030-1100 Morning Tea</b>	
<b>1100-1230</b>	Malaysian experience – Nutrition perspectives in dialysis <i>Dr Winnie Chee Siew Swee Malaysia</i> Low Protein Diet Workshop <i>Dr Chanida Pachotikarn</i> Subjective global assessment <i>Dr Winnie Chee Siew Swee/ Dr Tilakavathi Karupaiah</i>	1000-1230	Taking matters in your own hands- Life on CAPD <i>Mr Kassim Bin Mohamed</i>  My health, my responsibility - A patient's self care manual <i>Prof Tushar Mukherjee - CAPD patient</i>
<b>1230-1330 Lunch and exhibition of education resources</b>		<b>1230-1330 Lunch and exhibition of education resources</b>	
<i>Moderators: Dr Thiruventhiran (NKF) and Marianne Vennegoor (IFKF)</i>		<i>Moderators: Sis Ramayee (NKF) and Mark Murphy (IFKF)</i>	
<b>1330-1530</b>	<b>Nursing aspects 1: Renal Bone Disease</b>	<b>1330-1530</b>	<b>Patient experience</b>
1330-1335	intro & overview <i>Dr Wong Hin Seng</i>	1330-1400	What stresses me <i>Prof Balachandher Krishnan Guru</i>
1335-1350	Renal Bone Disease: Basics and essentials <i>Dr Bee Boon Check</i>	1400-1430	Coping with stress <i>Mr Paul Jambunathan</i>
1350-1410	Phosphate binders: Which; When and How <i>Ms Choo Sake Har</i>	1430-1500	Depression- What do I do about it? <i>A/Professor Osman Che Bakar</i>
1410-1430	Mastering the art of using Vitamin D <i>Dr Wong Hin Seng</i>	1500-1530	Sexual problems in dialysis patients <i>Dr Clarence Lei Chang Moh</i>
1430-1500	Dietary approach in renal bone disease – Getting it right <i>Dr Winnie Chee Siew Swee</i>		
1500-1530	Interactive case studies and panel discussion <i>Dr Rafidah Abdullah</i>		
<b>1530-1600 Afternoon Tea</b>		<b>1530-1600 Afternoon Tea</b>	
1600-1615	<b>Introduction &amp; Overview of Anaemia in Kidney Failure</b> (Definition, Prevalence, Pathophysiology, Consequences of Anaemia) <i>Dr Goh Bak Leong</i>	<b>1600-1730</b>	<b>Rehabilitation</b>
1615- 1630	Management of Anemia (Role of rEPO, other treatment consideration, therapeutic goals and benefits) <i>Dr Goh Bak Leong</i>	1615-1630	Get back to work: some practical tips <i>Dr Loh Eng Chong</i>
1630- 1645	Delayed or diminished response to rEPO (Who gets it, Why, How to treat) <i>Dr Ng Eng Khim</i>	1630-1645	Help! I am pregnant <i>Mrs Puan Azlina Bt Abdul Aziz</i>
1645-1700	Nutritional therapy in renal anaemia (Techniques and rationale) <i>Dr Tilakavathi Karupaiah</i>	1645-1700	Do I look like a patient? <i>Ms M Moganambal</i>
1700-1730	Case discussion	1700-1730	Conclusions
<b>1730 Closure</b>		<b>1730 Closure</b>	

**Welcome Reception**

Welcome to Malaysia and introduction to beautiful Kuala Lumpur Malaysia  
Reply by President IFKF  
Minister of Health, Malaysia Address and Opening

*Mr Lynn Kulasingham*  
*Dr Miguel Riella*  
*Health Minister, Datuk Seri Liow Tiong Lai*

**Dinner hosted by National Kidney Foundation of Malaysia for international delegates**

0900-0910 Overview of program *IFKF President, Dr Miguel Riella*

**Kidney Foundations in Asia – Sharing experiences** *Chairs – Timur Erk and Satnam Singh*

0910-0915 Introduction and overview - Kidney Foundations in Asia – Sharing experiences

0920-1030 **Kidney Foundations in Asia - Sharing Experiences**

- Malaysia *Dr Zaki Morad*
- Singapore *Dr Evan Lee*
- Indonesia *Dr Suhardjono*
- Pakistan *Dr Tan Chwee Choon*

**1030-1100** *Morning Tea – IFKF history slideshow*

1100-1215 **Kidney Foundations in Asia - Sharing Experiences** *Chairs – Timur Erk and Satnam Singh*

- Australia *A/Professor Tim Mathew*
- Hong Kong *Dr Sui Lui-Fai*
- India *Mr Raghu Mody*
- Sri Lanka *Mr Ajit Perera*
- Thailand *Dr Kriang Tungsanga*

1215-1230 Questions and open floor discussion

**1230-1330** *Lunch IFKF Council Members attending Annual Business Meeting must register to vote - IFKF history slideshow*

**Parallel Workshop 1 – For Kidney Foundations**

**Making Kidney Foundations Successful**

1330-1500 **New Kidney Foundations Workshop** *Chairs - Charles Kernahan/Paul Beerkens*

*Objective* To identify the needs for not-for-profit organisations operating in developing and unrepresented geographies.  
*Identify* Target areas and common themes that may result in guidance to emerging organisations. New Foundations should examine why they exist, what service/support they supply & is this satisfying the biggest need in geographical area.  
*Examine* How any agreed services/support could be funded in our current financial climate.  
*Conclusions* Make suggestions and recommendations to the IFKF Board on how these ideas could be supported.

**Workshop Groups**

- Do we need new Foundations?
- Why, where and what do they need to focus on?
- How can they support / fund their activity?
- How can IFKF support their development?

Presentations, discussion and questions

**1500-1530** *Afternoon Tea - IFKF history slideshow*

**Parallel Workshop 2 – For Nurses and Allied Health Professionals**

1400-1500	Setting up of Dialysis Centres and Its requirement	<i>Mr Na Lai Chun</i>
1500-1530		<b>Afternoon Tea</b>
1530-1630	Managing Cost Effectiveness in Haemodialysis Programs	<i>Mr Tan Chor Seong</i>
1630-1730	NKF Awareness and Outreach Programs	<i>Ms Sharleen Lee</i>

1530-1730 **Established Kidney Foundations Workshop** *Chairs - Dan Larson/Paul Shay*

How can they work effectively with partners/stakeholders? *Paul Shay*  
 How do we work with and influence government? *Timur Erk*  
 What are the common challenges, resources, funding, educational material etc? *Dr Thiruventhiran*

1730-1930 **World Kidney Day**

World Kidney Day 2010 – Review of activities *Jan Lantink*  
 World Kidney Day 2011 – Preview future plans *Dan Larson*

**World Kidney Day Poster Display - Best poster judging** *Professor Joel Kopple and team*  
*Categories*

- 1 World Kidney Day 2010
- 2 Early detection and prevention
- 3 Access to treatment
- 4 Funding strategies

**1930** *Congress Gala Dinner (smart casual) IFKF registered delegates* *Seating by 2000 (8 pm)*

0830-1030

**IFKF Council's Annual Business Meeting** *(Council Members and associates only)***1030-1100****Morning Tea**

1100-1815

**IFKF / COMGAN South East Asia Kidney Disease Workshop****Chronic Kidney Disease: a public health priority****Organisers**

IFKF, ISN COMGAN Committee on Kidney Health in Disadvantaged Populations and the ISN COMGAN Oceania and South East Asia Committee.

**Participants**

Healthcare professionals, government officials, ISN COMGAN Oceania and South East Asia Committee, ISN COMGAN Committee on Kidney Health in Disadvantaged Populations, IFKF Council Members, other Kidney Foundations, Industry and others interested in the meeting objective.

**Objectives**

Address issues involved in the care of kidney disease in disadvantaged populations of the region.  
Propose solutions to solve disparities in access to renal care in these populations.  
Include Chronic Kidney Disease in the Public Health Agenda of the region.

**Chairs**

Dr Tan Chwee Choon and Dr Guillermo Garcia Garcia

1100-1230

**Perspectives on kidney disease in disadvantaged**

Populations – Challenges for developing countries

*Dr Guillermo Garcia Garcia***Burden of disease: prevalence and incidence of renal disease in selected countries** 10 min pres/5 min Q&A

Cambodia, Laos and Thailand

*Dr Kriang Tungsanga*

Indonesia

*Dr Suhardjono*

Malaysia

*Dr Ahmad Ghazali*

Philippines

*Dr Lynn C Almazan Gomez***1230-1330****Lunch**

1330-1530

**Prevention strategies - Session 1**

25 min pres/5 min Q&amp;A

Recognition and evaluation of risk factors for CKD in Asia, especially in certain local and paediatric populations

*Dr Ong Loke Meng*

General health status and renal health care in the region

*Dr Lim Teck Onn*

Strategies to Develop Prevention programs of CKD

*A/Professor Tim Mathew*

Organization and implementation of national registries

*Dr Lim Teck Onn*

The role of Kidney Foundations in the care of CKD: Educational programs public awareness and advocacy

*Dr Tan Chwee Choon, Consultant Nephrologist, Ministry of Health & Vice Chair of NKFPM***1530-1600****Afternoon Tea**

1600-1815

**Prevention strategies - Session 2**

25 min pres/5 min Q&amp;A

Support from International organizations and NGOs in improvement of kidney health in the region

*Dr Miguel Riella*

Increased governmental support, promotion of awareness and prevention of CKD

*A/Professor Tim Mathew*

The role and training of general practitioners in management of CKD

*Dr Sunita Bavanandam*

Final comments and overview

*Dr Guillermo Garcia Garcia***1900-2100****Conference close and reception**

0730-0900

IFKF Board Meeting – Review of 11<sup>th</sup> IFKF Annual Meeting (*closed session*)  
*Closed session – New Board will meet in the Business Lounge at Executive Club Floor, Hotel Nikko*

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**Final Day Tour**     **All day tour to visit the historical UNESCO World Heritage City of Malacca**

*(Optional day tour included in Meeting Registration)* Lunch is included as part of this sightseeing trip

0915-1900

Note: Prompt departure essential from the front of Hotel Nikko

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Stadhuys, Malacca



Famous places of interest in Malacca

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[www.ifkf.net](http://www.ifkf.net)

**International Federation of Kidney Foundations**

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## The International Federation of Kidney Foundations

Our mission is to foster international collaboration and exchange of ideas to improve the health, wellbeing and quality of life of individuals with kidney disease.

- **Advocacy** for improved health care delivery;
- Highest possible **outcomes** of care;
- **Facilitation** of Educational Programs for and from member organisations;
- **Promotion of Research** into kidney disease;
- Fostering and **Environment of Open Communication** and Exchange of Ideas among organisations;
- Creating a forum for **Collaborative Fund Raising**; and
- **Foster improvement** of local Kidney Foundations
- Assistance with the **Establishment of New Kidney Foundations** where they do not currently exist.
- Act as a **global voice** on kidney health issues

### Program Organising Committee

Mr Warwick Prime, Australia – Chair  
Mr Timur Erk, Turkey – IFKF Council Member/previous meeting host  
Mr Charles Kernahan, England – IFKF Council Member  
Mr Lynn Kulasingham, Malaysia – Host representative  
Dr Guillermo Garcia Garcia, Mexico – IFKF Council Member  
Ms Teresa Taylor, Australia – IFKF Secretariat  
Ms Marianne Vennegoor RD, England – Allied Health Professional and Patient Workshop

### Malaysian Organizing Team (National Kidney Foundation of Malaysia)

Mr Lynn Kulasingham - Vice President, Board of Governors  
Dato' Dr Zaki Morad B Mohd Zaher - Chairman, Board of Managers  
Dr Thiruvethiran - Vice Chairman, Board of Managers  
Mr Goh Seng Chuan - Honorary Secretary, Board of Managers  
Dr Lim Yam Ngo - Member, Board of Managers  
Dr SS Gill - Member, Board of Managers

***The 11<sup>th</sup> IFKF Annual Meeting Program in Kuala Lumpur proudly hosted by  
National Kidney Foundation of Malaysia***

***With thanks for their assistance***

Ms Karen Ho – 11<sup>th</sup> IFKF International Meeting Coordinator  
Management and staff of the Nikko Hotel